The Heather Chronicles

LIFE AS I KNOW IT

About me

Life is all about balance. For me that means raising a young family, pursuing a freelance writing career, enjoying a vibrant social circle, and taking care of myself. All while living with an unpredictable and chronic illness: Crohn's Disease, and all that comes with it.

The Heather Chronicles is meant to be a funny, informative, and inspiring take on life: my family, friends, and our adventures at home, abroad, and everywhere in between. I share anecdotes, advice, tips, and recommendations.

Between myself, my rockstar-of-a-husband, two young vivacious girls, a puppy, and all of our crazy antics, there's always a story - I promise.

My audience

- Women aged 25-34
- 71% located in Atlantic Canada / 67% Nova Scotia-based
- Average household income of 80K+
- Primarily access content on their phones
- Typically like to read and engage with morning coffee or evening wine











Heather Fegan

www.heatherfegan.ca

- · Professional freelance writer · Journalist
 - · Creative content writer · Blogger

lifestyle · parenting · house & home · what's for supper · travel · book club · life with Crohn's



10 ways we're fighting climate change at our house to do actions to light climate change at home, including product solutions, meal ideas, and ways to raise exemenss.





Leave the litter out of lunch
Are lunches with no litter possible without
spending a long of time and money?
Read More -Nov 13, 2019



Things you should know

- HeatherFegan.ca has seen 550% month over month growth since launching, averaging 972 pageviews/month
- I have a loyal readership, readers return to my site time again thanks to a strong relationship with my audience
- Readers spend time with my content
 - · Average pages per visit: 2.7
 - · Time on site: 3:49 per session
- On snow days, parents flock to my *Advice for Surviving a Snow Day* post.
- Useful posts like *Packing Lists for Travel with Kids* and *How to Handle Winter Woes* are also popular

What my audience loves and expects from me

- Honest reviews and experiences all wrapped up in a professional style 'piece of content'
- Solutions to their problems. My readers look to me for:
 - ·recommendations for what to read
 - ·home decor tips
 - ·how to occupy their kids on the weekends
 - ·quick and easy meals for busy families
 - ·family travel advice.
- A trusted, local voice
- Plus, they like me I'm warm, approachable, friendly, and knowledgeable



Contact me

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My ideal partners...

- See the value in digital content and in forming a relationship with a content creator
- Are brands who want to use the power of story to reach new customers and clients/audiences
- Are not interested in working with a #influencer, but want to partner with a professional who understands her craft and your business objectives
- Are willing to draw on my skills to help you craft the best digital content campaign for you

Testimonials

Heather was a fantastic editor for my magazine company and was a valuable, creative and responsible person. -Krista Ivanov, founder, Lifestyle Nova Scotia

Heather is an experienced journalist with solid editing and writing skills. I know, from the legacy she left at the APMA, that she's a hard worker and that she understands what goes into good journalism. -Angela Mombourquette, Editor, Nimbus Publishing

Heather has been a pleasure to work with. As a writer, she really knows her sentence and story structure. As an editor, Heather has proven herself to be a strong communicator with a clear vision. She is a meticulous copy editor able to bring out the best from my work.

-Chris Benjamin, author, editor, freelance journalist

Types of projects I'm booking

- Home Decor & Real Estate partners
- Healthy Lifestyle
- Wine & Food Industry
- Kids Creativity & Education
- Work from Home Solutions
- Blog posts written for either HeatherFegan.ca or your own site
- Freelance series pitched for publication
- Social media amplification
- Ambassadorships
- Product Reviews